

Coronavirus.ohio.gov

The State of Ohio's source for updated, accurate information to help you prepare for and protect against coronavirus disease 2019, COVID-19 .

READ MORE

ODH COVID-19 CALL CENTER
1-833-4-ASK-ODH (1-833-427-5634)

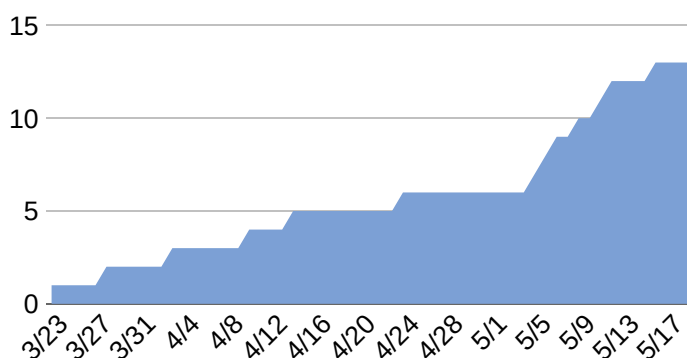
COVID-19 SITUATION REPORT 22

May 19, 2020

Holmes County

- Confirmed Cases: **13**
- Probable Cases: **1**
- Total Cases: **14**
- Hospitalizations: **2**
- Deaths: **1**

Date of Illness Onset COVID-19 (Holmes County)



Ohio

- Confirmed Cases: **27,106**
- Hospitalizations: **5,117**
- Deaths: **1,556**

OVERVIEW:

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China. The World Health Organization declared COVID-19 a global pandemic on March 11, 2020.

For Ohio information:

<https://coronavirus.ohio.gov/>

CONTACT US:

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[@HolmesCountyHealthDistrict](https://www.facebook.com/HolmesCountyHealthDistrict)

Posters and Signs

These printable resources can be used by anyone in Ohio to display common symptoms, protocols, or guidelines during the reopening of business and services throughout Ohio during the COVID-19 pandemic.

If you are not seeing this report electronically, please contact the Health Department to get more information about the signs or visit ODH's website at coronavirus.ohio.gov



- [Do Your Part to Fight COVID-19 Infographic](#)
- [Face Coverings Signage](#)
- [Health Screening Questions for Use With Customers](#)
- [Customer Precautions Signage](#)
- [Social Distancing Signage](#)
- [Symptoms Signage](#)
 - [Download Spanish](#)
- [Tracing Calls \(Spanish\)](#)
- [Responsible Protocols](#)
- [This or That Prevention Infographic](#)
- [This or That Preparedness Infographic](#)
- [Welcome Stop Sign](#)

Coping with Anxiety related to COVID-19



- Remember that distress, anxiety, fear, and strong emotions are normal in times of distress or crisis. Remind yourself and others that these feelings will fade.
- Get information from a trusted source, such as coronavirus.ohio.gov or by calling the Ohio COVID-19 call center at 1-833-4-ASK-ODH (1-833-427-5634)
- Learn and follow tips for preparing for and responding to COVID-19.
- Learn and follow tips on how to prevent COVID-19.
- Avoid excessive exposure to media coverage of COVID-19.
- Eat nutritious food, exercise, get adequate sleep, stay hydrated, avoid alcohol and drugs, and make time to relax and unwind.
- Incorporate stretching or meditation into your routine.
- Take deep breaths when feeling overwhelmed.
- Stay connected with friends and family. Discuss your concerns and be supportive of theirs.
- Keep participating in hobbies/activities that do not expose you to close contact with others in confined spaces.
- If you have a mental health condition, continue with your treatment plan and monitor for any new symptoms.
- Call your healthcare provider with any concerns.