COVID-19 SITUATION REPORT  20
May 12, 2020

Holmes County

- Confirmed Cases: 8
- Hospitalizations: 2
- Deaths: 1

Cumulative Cases of COVID-19 (Source: ODH)

Ohio

- Confirmed Cases: 21,132
- Hospitalizations: 4,140
- ICU: 1,167
- Age Range: <1-106
- Median: 51 years
- Deaths: 1,153

OVERVIEW:

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China. The World Health Organization declared COVID-19 a global pandemic on March 11, 2020.

For Ohio information:
https://coronavirus.ohio.gov/

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Garage Sales & Outdoor Retail Guidance

Spring and summer are when we see garage sales, yard sales, and other outdoor sales pop up all over Ohio. Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommends that Ohioans take the following actions when having and/or attending these sales.

- Place posters encouraging social distancing for customers to see upon arrival and while shopping.
- Set up tables and chairs within 6 feet apart.
- Use heavy-duty tape to form a flow for customers to follow throughout the sale.
- Ask customers to stand in a line, while spread apart, during a high traffic times.
- Clean all tables and chairs several times throughout the day.
- Make sure all merchandise is washed and dried and/or wiped down with a disinfectant product before placing on a table or chair for sale.
- Wipe down all tables and chairs using disinfectant at the end of the day or in the morning before the next day of the sale starts.
- Wear masks and disposable gloves at all times during the sale.
- Have hand sanitizer with at least 60% alcohol on tables and other places for customers to use.

Anxiety Returning to Work

To help ease anxiety about returning to work, the National Alliance on Mental Illness has provided the following tips:

- Do everything you can to help protect yourself and others from getting sick. Taking these steps may help you feel more in control, while also helping to prevent the spread of infection.
- Wash your hands regularly, for at least 20 seconds with soap and water.
- Clean all high-touch areas every hour.
- Wear a face mask or covering.
- Stay six feet away from others when possible.
- Stay home if you are sick and stay away from others experiencing symptoms if you can.
- Use resources offered to you to help cope with the changes and emotions. If you see a therapist, continue to stay in touch during your transition back into your work routine.

You can also take advantage of the free COVID Careline to talk to someone about your concerns. They are available 24 hours a day at 1-800-720-9616.

Check out resources provided by the Ohio Department of Mental Health and Addiction Services at mha.ohio.gov

Remember – it is okay and normal to feel anxious. There is nothing wrong with feeling anxious about changes and uncertain times, and you are not alone in these feelings.