COVID-19 SITUATION REPORT - 5
MARCH 17, 2020

Holmes County: 0 cases

Global: 167,515 cases; 6,606 deaths
United States: 4,226 cases; 75 deaths
Ohio: 67 cases; 16 counties*; 17 Hospitalizations
* Number of counties with cases: Belmont (2), Butler (6), Coshocton (2), Cuyahoga (31), Darke (1), Franklin (4), Geauga (1), Lake (1), Lorain (4), Lucas (1), Mahoning (1), Medina (3), Stark (3), Summit (4), Trumbull (2), Tuscarawas (1)

Updated March 17, 2020 at 2 p.m.

How we're preparing:

• Activated our Department Operations Center (DOC) and Incident Command Structure (ICS) to monitor the situation to coordinate public health response
• Opened a Joint Information Center (JIC) to coordinate messaging
• Ensuring that our local partners receive guidance published by federal and state partners
• Publishing and sending health education messages to the community
• Participating ongoing communication with the Ohio Department of Health (ODH) & CDC
• Providing bi-weekly situation reports to local stakeholders (every Tuesday and Thursday)
• Health Commissioner serves on the state Public Health Preparedness Team (BTeam)
• Health Commissioner attended Governor’s Summit on COVID-19 Preparedness

CONTACT US:
covid19response@holmeshealth.org
(330) 674-5035
www.holmeshealth.org
85 N. Grant St. Suite B
Millersburg, OH 44654

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@HolmesCountyHealthDistrict
COVID-19 & COMMUNITY SPREAD

Information from the Ohio Dept. of Health (ODH):

"Public health experts have estimated up to 1% of the population could be infected after identifying multiple cases of community spread of coronavirus.

The estimates consider that:

- Testing is limited.
- Most individuals that have the disease are asymptomatic or have mild symptoms.
- The incubation period can be up to 14 days so people are incubating the illness and aren’t showing symptoms.

We know that this virus is highly transmissible. Based on how quickly the virus multiplies and infects people and based on the modeling, we can extrapolate that there are thousands of Ohioans who may already have been infected.

We know that sounds extremely scary but please consider:

- The majority of people who have this illness will experience mild or moderate symptoms. They won’t require testing. And they will be prescribed treatment to help ease their symptoms. For fever, we will give Tylenol or acetaminophen. For coughs, they likely will take cough medicine and cough drops.

A smaller number of cases will have severe infections that will require hospitalization. That’s why individuals need to be vigilant in monitoring symptoms and reach out to a healthcare provider if symptoms worsen.

That’s why individuals need to be vigilant in monitoring symptoms and reach out to a healthcare provider if symptoms worsen. Individuals with shortness of breath or a high fever should see a provider. That healthcare provider will use clinical judgment combined with a medical evaluation and history to decide if testing is necessary. Testing requires a doctor’s order.

Not everyone needs to be tested.

As part of efforts to stem the spread of the virus, the state of Ohio has implemented multiple preventive measures including: Closing schools, limiting mass gatherings, encouraging proper cleaning and handwashing, etc. to help reduce the impact of coronavirus. These measures will slow the spread of the virus and will reduce the impact on our healthcare system."

www.coronavirus.ohio.gov

WHAT TO DO IF YOU’RE SICK

Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommends that all Ohioans immediately take the following actions if they feel sick:

Pay attention for potential COVID-19 symptoms including fever, cough, and shortness of breath. Call your doctor immediately (before seeking care) if you feel like you are developing these symptoms. If you have a medical appointment, call the healthcare provider and tell them that you have symptoms consistent with COVID-19. This will help the healthcare provider’s office take steps to keep other people from getting infected or exposed. Put on a facemask before you enter the facility.

Seek prompt medical attention if you develop emergency warning signs for COVID-19. In adults, these can include:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in chest
- New confusion or inability to arouse
- Bluish lips or face.

This list is not all inclusive. Please consult your healthcare provider for any other severe or concerning symptoms.

CDC: What To Do If You're Sick