



# Coronavirus.ohio.gov

The State of Ohio's source for updated, accurate information to help you prepare for and protect against coronavirus disease 2019, COVID-19.

**READ MORE** 

ODH COVID-19 CALL CENTER 1-833-4-ASK-ODH (1-833-427-5634)

# **COVID-19 SITUATION REPORT** 9

March 31, 2020

# **Holmes County**

Confirmed Cases: 1

### Ohio

Confirmed Cases: **2,199** Hospitalizations: **585** ICU Patients: **198** 

Age Range: <1-99 years

Median: 53 years

Deaths: 55

On Sunday, March 29, 2020, HCGHD reported the first case of COVID-19 in Holmes County. For the full press release, click the link below. If you would like a copy mailed or faxed, please call (330) 674-5035.

# Link: Press Release - HCGHD Reports First Case

Please note: HCGHD will not be sharing information about individuals under public health supervision or under voluntary quarantine for COVID-19 in our county. These individuals are not showing any symptoms and are not under investigation. As is our normal practice when we monitor situations of infectious disease in the community, information will be shared as is necessary to protect the public while respecting individual's privacy. As with other diseases, we do not routinely share suspected case information until it is confirmed. The same will be done with COVID-19.

## **OVERVIEW:**

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China. The World Health Organization delcared COVID-19 a global pandemic on March 11, 2020.

For Ohio information: <a href="https://coronavirus.ohio.gov/">https://coronavirus.ohio.gov/</a>

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# COVID-19 TESTING CAPABILITIES Published March 30, 2020

For the printable PDF version, click here.



### **COVID-19 Testing Capabilities**

March 30, 2020

In Ohio, healthcare providers have been asked to reserve testing for the severely ill, hospitalized patients and healthcare workers as there is a shortage of tests available. At this time, you should not assume that you will be tested unless your symptoms progress enough to require hospitalization. Please contact your medical provider to discuss any symptoms related to Coronavirus/COVID-19, which can include fever, a new or worsening cough, shortness of breath, and muscle pain or fatigue.

If you do not have a doctor, you may call Pomerene Hospital's Coronavirus/COVID-19 Hotline at (330) 763-2055 to talk to a medical professional who can assess your symptoms and advise you on next steps. If there is a need for further evaluation, you may be directed to Pomerene's drive-thru screening where it will be determined if you require testing.

#### What should I do if I am sick and cannot be tested?

If you are not tested, you should isolate yourself. This means you should stay home and keep a distance from other members of the household. Use a separate bathroom and sleeping area, if possible. Continue taking precautions such as washing hands for 20 seconds, covering your cough, and disinfecting high-touch areas often.

### When can I return to work or leave my house?

You can leave home after ALL THREE of these things have happened:

- You have had <u>NO fever for at least 72 hours</u> without the use of medicine that reduces fevers; AND
- Other <u>symptoms have improved</u> (example, cough and/or shortness of breath have improved); AND
- 3. At least 7 days have passed since your symptoms first started

### What if someone in my house is sick?

Stay home and self-monitor for 14 days. Take your temperature 2 times per day and watch for symptoms of fever and cough. If the person in your home recovers prior to the 14 days, you may leave your home. Continue social distancing and monitor for signs and symptoms for the full 14 days.

### What if my symptoms worsen?

Seek immediate medical attention if your symptoms do not improve or worsen. Call ahead before visiting the doctor's office, urgent care or hospital.

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