

2017  2020

Holmes County
**Community Health
Improvement Plan**

Progress Notes

2018 Quarter 3 Report/Annual Report

Adopted on: 10/31/17

Revised: 9/25/2018

Priority Area: Chronic Disease

| Priority Topic: Chronic Disease | | | |
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| Strategy 1: Community gardens – STRATEGY REMOVED 12/5/2017 | | | |
| Action Step | Person/ Agency Responsible | Timeline | Progress |
| <p>Year 1: Obtain baseline data regarding how many districts, churches, and organizations currently have community gardens and where they are located.</p> <p>Research grants and funding opportunities to increase the number of community gardens.</p> | <p>Jennifer McCoy Holmes County General Health District</p> <p>Tara Martin Pomerene Hospital</p> | October 1, 2018 | <p>12/5/2017: Based on feedback from the Community Health Event on 10/31/2017, the CHIP Sub-Committee has decided to remove this action step as a strategy for reducing chronic disease. See meeting minutes 12/5/2017</p> |
| <p>Year 2: Help school districts and other organizations apply for grants to obtain funding to start a garden.</p> | | October 1, 2019 | N/A |
| <p>Year 3: Implement community gardens in all school districts and double the number of organizations with community gardens from baseline.</p> | | October 1, 2020 | N/A |
| Strategy 2: Community-based social support for physical activity | | | |
| <p>Year 1: Develop a community walking program. Recruit individuals to serve as walking leaders. Decide on the locations, walking routes and number of walking groups throughout Holmes County.</p> <p>Link the walking groups with existing organizations to increase participation. Consider the following:</p> <ul style="list-style-type: none"> Faith-based organizations Schools Community-based organizations Health care providers <p>Begin implementing the program.</p> <p>Look for funding sources to incentivize participation in the walking program.</p> | <p>Tara Martin Pomerene Hospital</p> <p>Kerry MacQueen Holmes County General Health District</p> | October 1, 2018 | <p>12/5/2017: The committee decided to make the focus of this strategy promotion of physical activity events that are already in Holmes County. Tara will meet with Kerry and other Kinetics Staff to discuss next steps.</p> <p>2/6/2018: No Updates provided</p> <p>3/6/2018: HCGHD applied for a \$7,500 grant that would provide exercise equipment to begin implementation of an “adult playground” at Deer Run Park. If awarded, HCGHD would incorporate elements of this strategy into the playground.</p> <p>Quarter 2 (April – June 2018): The HCGHD received a grant from the Pathway Foundation for \$7,500. This will help to pay for adult exercise equipment to be placed at Deer Run Park. The goal is to have the equipment in place by late fall 2018 or spring 2019. Kerry and Mike will meet with the Village Administrator on 7/12/18 to discuss plan of action and next steps.</p> <p>Quarter 3 (July-September 2018): Kerry from the</p> |

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| | | | HCGHD has met with the Village Administrator to discuss plans for adding adult exercise equipment to Deer Run Park in Spring 2019. Pomerene Kinetics hosted a Trail Run on September 1 st . In the months leading up to the run, Pomerene Kinetics implemented a “walk, jog, and run training program” for participants to prepare for the event. The training programs were held weekly at the trail. While the program was successful, Pomerene Kinetics hopes to promote it more next year to boost participation rates. |
| Year 2: Develop program goals and an evaluation process for tracking outcomes. Raise awareness and promote the walking programs. Begin distributing incentives to participants. Evaluate program goals. Increase the number of walking groups by 25%. | | October 1, 2019 | |
| Year 3: Continue efforts from years 1 and 2. Implement and promote the walking program county-wide. Increase the number of walking groups by 50%. | | October 1, 2020 | |

| Priority Topic: Chronic Disease | | | |
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| Strategy 3: Implement nutrition policy in schools | | | |
| Action Step | Person/ Agency Responsible | Timeline | Progress |
| <p>Year 1: Choose at least one additional school district to implement a healthier choices campaign. Work with school wellness committees to introduce at least one priority area to focus on and implement:</p> <ul style="list-style-type: none"> • Healthier snack “extra choices” offered during school lunches • Healthier fundraising foods • Healthier choices in vending machines • Healthier choices at sporting events and concession stands • Reducing unhealthy foods as rewards | <p>Tara Martin Pomerene Hospital</p> | <p>October 1, 2018</p> | <p>12/5/2017: The committee decided to focus on one of the highlighted activities. Tara and Jen McCoy will reach out to the school superintendents and discuss options for implementing this strategy.</p> <p>2/6/2018: Tara and Jen met on 1/19/18 to discuss. Would like to talk to superintendents about offering a fruit and bottled water at all concession stands. Jen will reach out to Tuscarawas County to see how they implemented this strategy.</p> <p>3/6/2018: Discussion was held as to whether a offering a fruit option is the most economical for schools. Committee members recommended looking into healthy snack options with a longer shelf life. The Committee would like to invite the Superintendents to a meeting within the next several months to discuss in more detail. Tara and Jen will draft a letter to the superintendents.</p> |

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| | | | <p>Quarter 2 (April – June 2018): No updates.</p> <p>Quarter 3 (July-September 2018): Tara and Jen met in September to develop a plan of action. It was decided that the focus should be reducing unhealthy foods as rewards in classrooms. Tara and Jen created a packet of information that will be given to teachers in both school districts (with the permission of superintendents and principals) that provides alternative options to using food as rewards in the classroom.</p> |
| <p>Year 2: Continue efforts from year 1. Choose 1-2 additional school districts to implement a healthier choices campaign.</p> <p>Each of the selected school districts will choose at least 1-2 priority area to focus on and implement.</p> | | October 1, 2019 | |
| <p>Year 3: Continue efforts from years 1 and 2. Each selected school district will implement at least 3 of the 5 priority areas.</p> | | October 1, 2020 | |
| Strategy 4: School-based nutrition education programs | | | |
| <p>Year 1: Assess Holmes County schools to determine which schools are currently utilizing the Serving Up MyPlate framework.</p> <p>Work with at least one school to conduct a “healthy habit” parent survey (pre-test) to collect baseline data of nutrition and physical activity habits. By utilizing the <i>Serving Up MyPlate</i> framework, implement various educational activities and programming.</p> <p>“Healthy habit” post-tests will be given at the end of each year to measure knowledge gained. 50% of students will show increased knowledge of healthy habits.</p> | <p>Jennifer Talkington Holmes County General Health District</p> <p>Tara Martin Pomerene Hospital</p> <p>Laurie Sable Holmes County General Health District</p> <p>Kate Shumaker OSU Extension</p> | October 1, 2018 | <p>12/5/2017: Holmes County is already doing MyPlate in some of the schools through Holmes County WIC and OSU Extension. Jen McCoy set up a meeting with Laurie Sabel from WIC and Kate Schmacher from OSU Extension on 1/4/2017 to develop a plan to complete the year 1 action steps.</p> <p>1/4/2018: Health Dept met with Kat Shumaker from OSU Extension to discuss. Currently only 2 Head Start Schools in the County are utilizing the MyPlate framework. Kate and Laurie will work with both school districts beginning in the 2018/19 school year to begin implementation of MyPlate into at least 1, 3rd grade class in each school district. Kate and Laurie are going to research potential surveys to use to measure knowledge gained. Group will meet June 7, 2018 to review a plan of action.</p> <p>2/6/2018: Updates provided to the committee from meeting held on 1/4/2018</p> <p>3/6/2018: No updates at this time</p> |

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| | | | <p>Quarter 2 (April – June 2018): Laurie and Kate met on 6/7/2018 to discuss their plan of action for expanding MyPlate. My Plate will be expanded to 1 school within both the East and West Holmes School Districts. 3rd grade will be the target class. Kate and Laurie will provide in monthly class education sessions and will also provide teachers with mini sessions that they can use in between. Each month will highlight a different healthy eating habit. To measure knowledge gained of healthy habits, the “Collaborate for Healthy Weight” assessment will be used for the pretest and posttests as well as for the parent survey.</p> <p>Quarter 3 (July-September 2018): Berlin Elementary and Millersburg Elementary 3rd graders will participate in the program. Laurie (HCGHD) and Kate (OSU Extension) created 2 brief assessments that will be given to children and their parents. The “pre-assessment” will be distributed in early September. The “post-assessment” will be distributed at the end of the school year to assess knowledge gained and if healthy habits have increased. Kate and Laurie also created monthly lesson plans for teachers with each month focusing on a healthy behavior. They will go into the school and teach the first lesson in September, which is “better breakfast month”. Teachers will provide the education for the remainder of the year using the schedule and materials/handouts created by Kate and Laurie.</p> |
| <p>Year 2: Continue efforts from Year 1 in 1 school district.</p> <p>Work with schools to offer “Try it Tuesday” fruit and vegetable taste testing for children <i>and/or</i> work with at least 1-2 schools to host a family education night.</p> <p>75% of students will show increased knowledge of healthy habits.</p> | | <p>October 1, 2019</p> | |
| <p>Year 3: Continue efforts from Years 1 and 2 in both school districts.</p> <p>90% of students will show increased knowledge of healthy habits.</p> | | <p>October 1, 2020</p> | |

Priority Topic: Chronic Disease

Strategy 5: School-based physical activity programs and policies

| Action Step | Person/ Agency Responsible | Timeline | Progress |
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| <p>Year 1: Research the Fuel Up to Play 60 (FUTP60) program and determine which school(s) should apply for a FUTP60 grant.</p> <p>Work with the selected school(s) to create organized programming and activities from the FUTP60 playbook that increases youth physical activity and healthy eating.</p> <p>Create a school-based awareness campaign using the FUTP60 program to educate students and families on the benefits of increasing physical activity and healthy eating habits.</p> <p>Disseminate educational information.</p> | <p>Tara Martin Pomerene Hospital</p> <p>Mike Derr Holmes County General Health District</p> | <p>October 1, 2018</p> | <p>12/5/2017: The group would like to use Kinetics and create a summer fitness program for children as this may be more manageable than trying to implement something in the schools. Tara and Mike will research and develop a program plan by July 2018</p> <p>2/6/2018: No updates</p> <p>3/6/2018: Tara shared that Kinetics is working to develop a summer fitness program/daycamp for kids targeted for 3-6th grades. They are currently working on a curriculum and hope to implement in summer 2018</p> <p>Quarter 2 (April – June 2018): Pomerene Kinetics developed 2 summer programs for kids. The youth fitness camp is for 3rd-6th graders and provides children with fitness and nutritional education as well as a group physical activity. The youth conditioning camp is for 7th-12th graders and provides coaching and guidance on health and fitness and nutritional habits to engage in high level physical fitness. Both programs will be implemented in July 2018.</p> <p>Quarter 3 (July-September 2018): Kinetics summer programs wrapped up at the end of July and they were very successful. Kinetics received a lot of positive feedback. A total of 20 children participated. In addition to the physical activity component, the camps also focused on nutrition by introducing MyPlate and teaching the kids about healthy food choices with a focus on vegetables.</p> |
| <p>Year 2: Continue efforts from Year 1.</p> <p>Implement activities from the FUTP60 Playbook in at least 1 school district.</p> <p>Continue educating students and families on the importance of increasing physical activity and healthy eating habits.</p> | | | <p>October 1, 2019</p> |

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| <p>Year 3: Continue efforts from Years 1 and 2.</p> <p>Implement activities from the FUTP60 Playbook in both school districts.</p> <p>Continue educating students and families on the importance of increasing physical activity and healthy eating habits.</p> | | October 1, 2020 | |
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| Priority Topic: Chronic Disease | | | |
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| Strategy 6: Implement fruit and vegetable incentive program | | | |
| Action Step | Person/ Agency Responsible | Timeline | Progress |
| <p>Year 1: Recruit at least one local grocery store to commit to encouraging healthy food choices by doing any of the following:</p> <ul style="list-style-type: none"> • Offer coupons for “healthy” food items such as fruits and vegetables. • Offer a convenience kiosk that includes ingredients for healthy meals, including recipe cards. • Offer free fruit/vegetables for children to eat while their parent/guardian shops. • Offer “Try it Tuesdays” for children (i.e. child tries a mango at the store and parent/guardian is given a mango coupon with recipe card that include mangos). • Properly label/identify healthy food options that are on sale in weekly ads. • Hold in-store healthy meal demonstrations, offering a recipe card and shopping list for each healthy meal. • Include recipes for quick and healthy meals in weekly ads. | <p>Tara Martin Pomerene Hospital</p> <p>Rebecca Starner Holmes County General Health District</p> <p>Laurie Sabel Holmes County General Health District</p> <p>Kate Shumaker OSU Extension</p> | October 1, 2018 | <p>10/27/2017: Rebecca created a workplan for the Maternal and Child Health (MCH) Grant that included strategies for reducing obesity and aligned with this CHIP action step. Per the MCH grant, throughout the next year, the HCGHD will highlight a healthy food item at a grocery store that is on sale and provide healthy recipes using those items. A second strategy from the MCH grant that aligns with this action step is that the HCGHD will conduct six in store healthy food demonstrations with a recipe card for each meal.</p> <p>12/20/2017: Rebecca contacted Kurt Rodhe, owner of Millersburg IGA, to inquire about advertising recipe ingredients from Rodhes IGA that are on sale in a recipe that is promoted to the public. The HCGHD posted a recipe on Facebook 12/20/2017 for “Creamy Mashed Cauliflower” which highlighted 2 healthy food items on sale that week at Rodhes IGA. This recipe was also printed in a flyer format that was posted in the HCGHD lobby.</p> <p>2/9/2018: An MOU with Rodhe’s IGA is in process. Food demonstrations will take place at Rodhe’s IGA on the first Monday of the month for 6 months beginning in February. The first in store demonstration was held at Rodhe’s IGA on 2/5/2018. Healthy Frittatas were the recipe highlight. Samples of frittatas and recipe cards were handed out. Photos are on file. Also, highlighted on the recipe cards were the organic ingredients that were on sale in the February Organic Sale Ad. 38</p> |

customers were reached (based on the number of recipe cards handed out).

3/6/2018: March food demo completed on 3/6/2018 at Rodhe's IGA from 3:00-5:00. Recipe highlighted was Berry Salsa. 41 recipe cards were handed out. Promo was done on the HCGHD Facebook Page, Rodhe's IGA Facebook Page, and OSU Extension's Facebook page. Recipe highlighted berry's that were on sale at Rodhe's.

Quarter 2 (April – June 2018): The HCGHD and OSU Extension continue to hold in store food demonstrations at Rodhe's IGA monthly. Recipes cards are handed out and each card highlights the "healthy" ingredients that are on sale that month at Rodhe's. The recipes are also shared on the HCGHD website and Facebook Page. OSU Extension and Rodhe's features the recipe and food demos on their social media pages as well. Food demos for the quarter included:

April : One pan pasta with peas – 38 recipe cards handed out

May: Blueberry Zucchini Bread - 43 cards were handed out

June: Cherry Almond Cereal Bars – 33 recipe cards handed out

Quarter 3 (July-September 2018): Food demos at Rodhe's have wrapped up for the year. HCGHD is working on ways to continue the food demo program at Rodhe's into year 2. The HCGHD will look into expanding the program into the Killbuck IGA. Also for year 2, the HCGHD has had discussions with Rodhe's IGA regarding the possibility of providing a free fruit to children.

The HCGHD continues to promote healthy recipes monthly using a food item on sale at Rodhe's. The recipes are featured on the HCGHD Facebook page and website. Featured recipes included:

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| | | | August: Mango Frosty (mangos on sale at Rodhe's) September: Italian Chicken and Broccoli Bake (broccoli on sale at Rodhe's) |
| Year 2: Enlist at least 2 local grocery stores who commit to encouraging healthy food choices by implementing at least one of the items above. | | October 1, 2019 | |
| Year 3: Continue to enlist new grocery stores and ask current participators to implement 2-3 items above. | | October 1, 2020 | |

Priority Area: Mental Health and Addiction

| Priority Topic: Mental Health and Addiction | | | |
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| Strategy 1: Screen for clinical depression for all patients using a standardized tool | | | |
| Action Step | Person/ Agency Responsible | Timeline | Progress |
| <p>Year 1: Collect baseline data on the number of primary care providers that currently screen for depression during office visits.</p> <p>Continue to educate providers regarding PHQ-2 and PHQ-9 or other similar screening tools. Increase the number of primary care providers using the PHQ-2 and PHQ-9 screening tools by 10% from baseline.</p> | <p>Vicky Hartzler Wayne-Holmes Mental Health and Recovery</p> <p>Mark Woods Anazo Community Partners</p> | October 1, 2018 | <p>12/5/2017: Mike will follow up the local physicians during the Small Healthcare/QI group meeting. He thinks local physicians are already using this. Will report at next meeting.</p> <p>2/6/2018: Mark and Vicky will create a survey to send out to physicians to determine which tools are currently being used.</p> <p>3/6/2018: Survey to collect baseline data is still under development</p> <p>Quarter 2 (April – June 2018): A survey has been developed which will be distributed to Providers via survey monkey. The survey includes questions regarding mental health screening tools used as well as a question regarding screening for trauma. Survey</p> |

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| | | | should be finalized and distributed soon. Quarter 3 (July-September 2018): The physician/provider survey was finalized and sent out in August with a deadline for responses on September 14 th . The survey was sent to Holmes County physicians and mid-level providers. Pomerene is hosting an educational event on October 3 rd . Content for the education will be based on survey responses from the physicians as to which screening tools they need more information on. 7 survey responses were received. 71% of physicians screen patients for depression. The most common tool used was the Patient Health Questionnaire (PHQ) |
| Year 2: Continue efforts from year 1. Increase the number of primary care providers using the PHQ-2 and PHQ-9 screening tools by 20% from baseline. | | October 1, 2019 | |
| Year 3: Continue efforts from years 1 and 2. Increase the number of primary care providers using the PHQ-2 and PHQ-9 screening tools by 30% from baseline. | | October 1, 2020 | |
| Strategy 2: Trauma-informed health care | | | |
| <p>Year 1: Facilitate an assessment among clinicians in Holmes County on their awareness and understanding of toxic stress and trauma informed care.</p> <p>Survey community members, social workers, pastors, etc. on their awareness and understanding of toxic stress and trauma.</p> <p>Facilitate a training to increase education and understanding of toxic stress and trauma.</p> | <p>Vicky Hartzler Wayne-Holmes Mental Health and Recovery</p> | <p>October 1, 2018</p> | <p>12/5/2017: Judy will research this and bring ideas to the next meeting</p> <p>2/6/2018: Discussed options for training opportunities. Pomerene may consider having trauma informed care as a topic for Continued Medical Education. Mike shared that the Small Healthcare Provider group has considered this as a lunch and learn topic.</p> <p>3/6/2018: Mark and Vicky are working to incorporate the survey for this strategy into the survey being developed to collect baseline data on depression tools being used (MH Strategy #1).</p> <p>Quarter 2 (April – June 2018): MHRB provided a trauma informed care training on June 15, 2018. Trauma informed care questions have been incorporated into the survey discussed in mental health strategy #1.</p> <p>Quarter 3 (July-September 2018): 42 people attended the trauma informed care training in June. Questions related to trauma informed</p> |

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| | | | care were included in the physician survey that was sent out at the end of August. 83% of physicians <i>sometimes</i> screen patients for possible history of trauma or adverse childhood experiences. Trauma informed care will be a focus of Pomerene's educational event on October 3. |
| Year 2: Facilitate trainings for Holmes County teachers on trauma and Adverse Childhood Experiences. Develop and implement a trauma screening tool for social service agencies who work with at risk youth. | | October 1, 2019 | |
| Year 3: Continue efforts of years 1 and 2 Increase the use of trauma screening tools by 25%. | | October 1, 2020 | |

| Priority Topic: Mental Health and Addiction | | | |
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| Strategy 3: Mental health first aid | | | |
| Action Step | Person/ Agency Responsible | Timeline | Progress |
| <p>Year 1: Obtain baseline data on the number of trainings that have taken place. ✓</p> <p>Market the training to Holmes County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, college students majoring in social work/mental health, etc.</p> <p>Provide at least 2 trainings</p> | <p>Vicky Hartzler Wayne-Holmes Mental Health and Recovery</p> | <p>October 1, 2018</p> | <p>12/5/2017: Baseline data on the number of trainings that have taken place: 1 QPR training and 0 Mental Health First Aid Trainings.</p> <p>Pam and Judy will look into scheduling 2 Mental Health First Aid trainings in Holmes County in the spring and fall of 2018. The group will work on marketing once the trainings are scheduled</p> <p>2/6/2018: One MHFA class is scheduled for November 9, 2018 at the JF building in Holmes County. Working to find a date and space to host a second training.</p> <p>3/6/2018: Continue to work on scheduling a second training.</p> <p>Quarter 2 (April – June 2018): Two Mental Health First Aid Trainings have been scheduled in Holmes County for June 15th and November 9th. Trainings have been marketed to a variety of businesses/agencies including local churches, Love, Inc, the Lodging Council, and Rotary Club, FCFC, and more.</p> |

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| | | | Quarter 3 (July – September 2018): 6 people attended the MHFA training that took place on June 15 th . As of the September CHIP meeting, there were 9 participants scheduled for the training on November 9 th and there is a lot of out of county interest. A story about MHFA will be featured in the Bargain Hunter. Rachel from Pomerene promoted the training to the Rotary Club and the Chamber of Commerce. Pam is working to schedule another training for Holmes County in December 2018. |
| Year 2: Provide 3 additional trainings and continue marketing efforts. | | October 1, 2019 | |
| Year 3: Continue efforts from year 2. | | October 1, 2020 | |
| Strategy 4 & 5: School-based violence prevention programs, and alcohol/other drug prevention programs | | | |
| <p>Year 1: Continue to implement the PAX Good Behavior Game in Holmes County schools (grades K-6). Introduce the program to one additional school district administration (superintendent, principals, and guidance counselors).</p> <p>Continue to implement the Life Skills program to school district administrators. Introduce the program to one additional school district.</p> <p>Discuss program/service needs and gaps with school personnel at all schools within the county.</p> <p>Work with school administrators, guidance counselors and other school personnel to raise awareness of the program.</p> | <p>Mark Woods Anazo Community Partners</p> <p>Rhiannon Whalen One-Eighty</p> | October 1, 2018 | <p>12/5/2017: Mark stated that there is some push-back regarding the use of PAX. The committee decided to combine strategies 4 and 5 and utilize one program for all. Mark and J.Greg will research programs and provide a plan of action by June 2018 and begin implementation in schools in Fall 2018</p> <p>2/6/2018: Mark suggested we focus on Life Skills rather than PAX.</p> <p>3/6/2018: Mark shared that Anazo continues to expand the Life Skills program. Rhiannon from One Eighty shared that they are providing Healthy Relationship and dating violence education in both school districts. Tina from One Eighty shared that she recently provided "In Her Shoes" at West Holmes and it was well received by students. The group discussed the possibility of offering these programs to local churches and youth groups. The concensus was that it is a good idea, but would be a "slow and steady" process. Tina shared that she has presented similar programs at Grace Mennonite Church and Spring Haven and will reach out to them regarding "In Her Shoes".</p> <p>Quarter 2 (April – June 2018): Nashville</p> |

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| | | | <p>Elementary in the West Holmes district will be implementing the PAX program this fall.</p> <p>The OHYES survey was conducted at West Holmes in grades, 7, 9, and 11 and a total of 380 surveys were collected and are being analyzed. Results are pending; however, once available the data will be shared with the Prevention Data Committee for intervention planning.</p> <p>Life Skills continues to be expanded into the East Holmes School District and parent classes will begin this summer.</p> <p>Quarter 3 (July-September 2018): Three Holmes County programs were featured in the Ohio Attorney General's Drug Prevention Resource Guide : Anazao's "Life Skills" program and One-Eighty's "Be a Hero" and "Knot for You" programs.</p> <p>Life Skills continues to be implemented.</p> <p>Oh Yes data has been released to West Holmes. The school granted ODH permission to interpret the data and they are hoping to get results back around mid-September. Anazao will work with the schools on methods of distribution. Anazao will also share the results with the CHIP group and the REACH Data Prevention Committee</p> |
| Year 2: Introduce and implement the PAX Good Behavior Game in both Holmes County school districts. Expand to additional grades. | | October 1, 2019 | |
| Year 3: Continue efforts from years 1 and 2. | | October 1, 2020 | |

| Strategy 6: Expand the use of Telemedicine | | | |
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| <p>Year1: Collect baseline data on the number of organizations that currently utilize telemedicine and who in the county is offering it.</p> <p>Continue to introduce telemedicine to organizations within Holmes County. Focus efforts on the Amish and plain community.</p> | <p>Vicky Hartzler Wayne-Holmes Mental Health and Recovery</p> <p>Rachel Kandel Pomerene Hospital</p> | October 1, 2018 | <p>12/5/2017:</p> <p>Baseline data collected on the number of organizations that currently utilize telemedicine and who in the County is offering it: 1 Telepsychiatry (The Counseling</p> |

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| | | | <p>Center in Millersburg).</p> <p>Tara will check with Rachel to obtain a baseline for providers in the County who offer telemedicine. Will report at next meeting.</p> <p>2/6/2018: Rachel is working to collect baseline data. She is researching a telemedicine company called GlobalMed.</p> <p>3/6/2018: Pomerene is moving forward with GlobalMed and Rachel continues to collect baseline data. Vicky shared that MHRB is looking to expand MAT into Holmes County rather than using telemedicine.</p> <p>Quarter 2 (April – June 2018): Pomerene will roll out the telehealth program through GlobalMed in summer 2018 with the initial roll out focusing on primary care access through web and smart phones.</p> <p>Quarter 3 (July-September 2018): Pomerene continues to explore options for telemedicine. In June, Pomerene traveled to Aultman Hospital to demo their telehealth program called AmWell.</p> <p>GlobalMed and Pomerene attended Holmes County’s Amish Health and Safety Day in August to demo the program within the Amish community and they received a lot of positive feedback. Pomerene would like to do more demos throughout the community prior to officially implementing a telehealth program.</p> |
| <p>Year 2: Continue efforts from year 1. Increase the number of organizations providing telemedicine 10% from baseline.</p> | | <p>October 1, 2019</p> | |
| <p>Year 3: Continue efforts from years 1 and 2.</p> | | <p>October 1, 2020</p> | |

Priority Topic: Mental Health and Addiction

Strategy 7 & 9: Implement a community-based comprehensive program to reduce alcohol abuse & develop a campaign to increase awareness of substance abuse and prevention

| Action Step | Person/ Agency Responsible | Timeline | Progress |
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| <p>Year 1: Research Community Trials Intervention to Reduce High-Risk Drinking program.</p> <p>Work with all area law enforcement agencies to determine which components would be feasible to implement.</p> <p>Increase awareness of the <i>SPARK Holmes County</i> campaign. Provide community organizations (schools, businesses, hospital, health department) with ways to support the outreach campaign such as using social media (i.e. Facebook, Twitter, Instagram), websites, flyers, church bulletins, etc.</p> <p>Include information on alcohol use, opiates, e-cigarettes, prescription drug abuse, marijuana use, heroin use, other illegal drug use, risky behaviors and substance use trends. Additionally, include information on expanding and explaining youth protective factors.</p> <p>Determine best ways to educate community and parents (social media, newspaper, school websites or newsletters, television, church bulletins, etc.)</p> <p>Modify the campaign to better reach members of the Amish and plain community.</p> | <p align="center">J. Greg Morrison Anazao Community Partners</p> <p align="center">Tina Zickfoose & Rhiannon Whalen OneEighty</p> | <p align="center">October 1, 2018</p> | <p>12/5/2017: J.Greg and Mark suggested the Strategic Prevention Framework – Partnership for Success (SPF-PFS). The committee decided to combine strategies 7 and 9 as the SPF-PFS program will play a role in both.</p> <p>2/6/2018: The Holmes County Prevention Coalition was relaunched. Holmes County Spark is going to focus more on public relations and marketing.</p> <p>3/6/2018: Mark (Anazo) shared that the Holmes County Prevention Coalition will meet on March 7th. Tina (One Eighty) would like to do more TIP training and discussed options with Mark.</p> <p>Quarter 2 (April – June 2018): The redesign of SPARK is complete. The new title is REACH (Resources, Education, and Action for the County of Holmes). REACH will consist of 4 committees: a school based committee (will address CHIP strategies 4 &5), SPARK (focus on public relations), Safe Communities, and Prevention Data Committee. The redesign will allow all of the prevention coalitions to join together as one committee and it will allow SPARK to serve as a messaging campaign. First projects of REACH will be to establish as toolkit for area employers about both being drug-free workplaces and supporting positive youth development in community and the creation of an Amish-focused brochure about hazards of substance use.</p> <p>Quarter 3 (July-September 2018): SPARK developed a substance abuse brochure for the Amish Community. It was mailed out at the end of June to approximately 7,000 Amish families. SPARK is also working on improving their messaging campaigns – moving towards more “pro-social” messaging that is not so graphic. They are also looking into billboard campaigns.</p> |

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| <p>Year 2: Implement at least 2 of the following strategies:</p> <ul style="list-style-type: none"> • Sobriety checkpoints (working with law enforcement) • Compliance checks (working with the Ohio Investigative Unit) • Seller/server trainings (working with the Ohio Investigative Unit) • Parents Who Host Lose the Most campaign (educating parents on the laws for distributing alcohol to minors) • Use zoning and municipal regulations to control alcohol outlet density <p>Increase the number of organizations participating in the SPARK Holmes County awareness campaign by 10% from baseline.</p> <p>Plan awareness programs/workshops focusing on different “hot topics” and risky behavior trends.</p> <p>Attain media coverage for all programs/workshops.</p> | | October 1, 2019 | |
| <p>Year 3: Expand strategies to all areas of the county and implement remaining strategies.</p> <p>Publicize results of efforts.</p> | | October 1, 2020 | |

| Priority Topic: Mental Health and Addiction | | | |
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| Strategy 8: Expand community collaboration to increase awareness and coordination of mental health services | | | |
| Action Step | Person/ Agency Responsible | Timeline | Progress |
| <p>Year 1: Invite faith-based leaders, local businesses, community organizations and mental health service providers (both inside and outside the county) to have a round table discussion to gather baseline data on what programs and services are offered within or near Holmes County.</p> <p>Collaborate with local organizations to address gaps in services.</p> <p>Increase awareness and coordination of existing mental health services between all sectors involved. Measure progress based on number of clients served.</p> | <p>Vicky Hartzler Wayne-Holmes Mental Health and Recovery</p> <p>Pam Semenyina FCFC</p> <p>Linda Nisley CARE (Project Hoffnung)</p> | October 1, 2018 | <p>12/5/2017: Resource assessment completed in August 2017. Pam will ensure that this continues to be shared at FCFC meetings. Tara will look into the possibility of adding more information about mental health services into the newsletter that Pomerene sends to local corporations. The group would also like to share this information with school curriculum directors</p> <p>2/6/2018: Resource Directory continues to be updated</p> <p>3/6/2018: Pam continues to work with partners to update the directory. Has a meeting with Pomerene in May</p> <p>Quarter 2 (April – June 2018): The Community Resource Directory continues to be updated.</p> <p>Quarter 3 (July-September 2018): The Community Resource Directory continues to</p> |

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| <p>Year 2: Continue efforts from year 1.</p> <p>Create an informational brochure/app/online guide that highlights all organizations in Holmes County that provide mental health programs and services. Include information on transportation options and which organizations offer free services, a sliding fee scale, and which insurance plans are accepted. Update on a quarterly basis.</p> <p>Create a presentation on available mental health services and present it to Holmes County area churches, law enforcement, chamber of commerce, city council, service clubs, and businesses. Include information on mental health stigma, and work to increase community awareness and education of stigma and how it is a barrier to treatment.</p> <p>Expand collaboration efforts to continue filling mental health service gaps. Continue to coordinate services between one another. Measure progress based on number of clients served.</p> | | October 1, 2019 | be updated. |
| <p>Year 3: Continue efforts of Years 1 and 2.</p> | | October 1, 2020 | |

| Priority Topic: Mental Health and Addiction | | | |
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| Strategy 10: Provide trainings on mental health and substance abuse services to ER and primary care physicians | | | |
| <p>Year 1: Develop a training on the mental health and substance abuse services available in the county. Market and offer the training to ER and primary care providers.</p> <p>Work with ER and primary care providers to assess what information and/or materials they may be lacking to provide better resources for patients with mental health and/or substance abuse issues.</p> | <p>Tara Martin Pomerene Hospital</p> <p>Rachel Kandel Pomerene Hospital</p> | October 1, 2018 | <p>12/5/2017: Tara will meet with Nicole Kolacz regarding this and will report out at next meeting.</p> <p>2/6/2018: Continue to explore options for training</p> <p>3/6/2018: Continue to explore options for training.</p> <p>Quarter 2 (April – June 2018): Pomerene is strategizing ways in which trainings can be offered so that all ER physicians and PCP's in the county can attend. They are working with their Training and Development Office to schedule trainings.</p> <p>Quarter 3 (July-September 2018): Pomerene is hosting an educational event for physicians, nurses, EMS, social and mental health workers, and community leaders on October 3rd. The keynote speaker is Dr. Labor and she will be</p> |

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| | | | discussing mental health and addiction in Holmes County. Questions were added to the physician survey that was sent out in August (see MH Strategy 1) related to which mental health and addiction services providers would like more information on. 7 physicians completed the survey and cited that they would like more information related to suicide, anxiety, bi-polar disorder, and substance abuse and addiction. |
| Year 2: Continue to provide the trainings. Increase the number of trainings by 5%. | | October 1, 2019 | |
| Year 3: Continue efforts from years 1 and 2. Increase the number of trainings by 10%. | | October 1, 2020 | |

Priority Area: Access to Preventive Care

| Priority Topic: Access to Preventative Care | | | |
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| Strategy 1: Increase awareness of existing healthcare services on preventive care | | | |
| Action Step | Person/ Agency Responsible | Timeline | Progress |
| <p>Year 1: Coordinate efforts between hospital, health department and other community organizations to increase community outreach and education on available health services (many of which are free or at a reduced cost).</p> <p>Increase community education on the importance of preventive health care. Include information on what accounts for preventive care, what does insurance cover and different screening guidelines (mammograms, PSA's, etc.). Focus outreach efforts on the members of the Amish and plain community.</p> <p>Update 2-1-1 to reflect all organizations providing free or reduced cost healthcare services. Increase awareness of 2-1-1 as a community resource.</p> | <p>Tara Martin Pomerene Hospital</p> <p>Rachel Kandel Pomerene Hospital</p> <p>Mike Derr HCGHD</p> | October 1, 2018 | <p>12/5/2017: Tara will meet with Nicole Kolacz regarding this and will report out at next meeting.</p> <p>2/6/2018: Rachel is in the process of compiling a list of Providers. She is also working with the Startzman Clinic to recruit dental providers. Mike shared that he would like the HCGHD to also be involved with this strategy as the small healthcare provider/QI group is working on a searchable database that pulls info from EHR, google, etc of any healthcare services in Holmes County</p> <p>3/6/2018: HCGHD has launched its pneumonia vaccine campaign and that they are promoting preventive care through the Small Healthcare Provide group. Pomerene continues to provide outreach clinics at Kiem Lumber and are hoping to add another</p> |

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| | | | <p>location this summer. Tara shared that the community health talks have been generating a lot of interest in the community.</p> <p>Quarter 2 (April – June 2018): The Small Healthcare Provider group (coordinated through HCGHD) continues to see pneumonia vaccine rates increase as a result of the pneumonia campaign. The Small Healthcare Provider group will focus its next campaign on education/prevention of congestive heart failure. Pomerene is looking to add new screening for preventative care. They have started offering direct access colonoscopies which has helped to eliminate transportation and access issues for some patients.</p> <p>Quarter 3 (July-September 2018): Pomerene has hired a Gastroenterologist in order to improve access for preventative screenings. Pomerene has also improved its provider visit screening questions for preventative care in the areas of mammography, PSA, colonoscopy, and annual wellness checks.</p> <p>Pomerene’s Health Talks resumed in September. Dr. Miller presented on orthopedics in September, Dr. Hlivko will present on GI in October, and November’s talk will focus on diabetic education.</p> <p>Pomerene will be putting mammography coupons in all local newspapers for \$20 off a mammogram. The coupons will run in the local newspapers twice.</p> <p>Pomerene’s published an Amish newsletter in September featuring information on GI health, midwifery, and orthopedics.</p> |
| <p>Year 2: Continue community outreach efforts. Update 2-1-1 as needed.</p> | | <p>October 1, 2019</p> | |
| <p>Year 3: Increase efforts from years 1 and 2.</p> | | <p>October 1, 2020</p> | |
| Strategy 2: Explore different chronic disease management practices | | | |
| <p>Year 1: Explore the Pathways Community HUB model via Community Health Workers, NEOMED, and other chronic disease management</p> | <p>Tara Martin</p> | <p>October 1, 2018</p> | <p>12/5/2017: Tara will meet with Nicole Kolacz regarding this and will report out at next</p> |

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| <p>practices.</p> <p>Determine which practice or program will be implemented within the county.</p> | <p>Pomerene Hospital</p> <p>Mike Derr HCGHD</p> | | <p>meeting.</p> <p>2/6/2018: Tara and Nicole have been in contact with NEOMED to see how they do chronic disease management practices. Mike shared that the HCGHD is working on a grant in collaboration with Anazao, MHRB, and JFS that would provide funding for the Pathway Hub Model.</p> <p>3/6/2018: HCGHD applied for the grant for Pathway Hub. Should find out this summer if awarded.</p> <p>Quarter 2 (April – June 2018): The HCGHD is waiting to hear whether or not they were awarded the Pathway Hub grant. Should find out towards the end of June. Pomerene’s case management division is looking to expand.</p> <p>Quarter 3 (July-September 2018): The HCGHD received notification that they did not receive the Pathway Hub grant. The group will explore other options in year 2,</p> |
| <p>Year 2: Begin to implement the selected practice or program within the county.</p> | | <p>October 1, 2019</p> | |
| <p>Year 3: Continue efforts from years 1 and 2.</p> | | <p>October 1, 2020</p> | |

| <p>Priority Topic: Access to Preventative Care</p> | | | |
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| <p>Strategy 3: Increase access to dental care</p> | | | |
| <p>Action Step</p> | <p>Person/ Agency Responsible</p> | <p>Timeline</p> | <p>Progress</p> |
| <p>Year 1: Collaborate with the Viola Startzman Clinic (located in Wayne County). Develop a plan to market dental services to Holmes County residents.</p> <p>Explore the feasibility of utilizing mobile dentistry at both school districts and locations that have low-income clients.</p> | <p>Jaimie Parsons Viola Startzman Clinic</p> <p>Tara Martin Pomerene Hospital</p> | <p>October 1, 2018</p> | <p>12/5/2017: Tara will meet with Nicole Kolacz regarding this and will report out at next meeting.</p> <p>2/6/2018: Jaimie from the Viola Startzman Clinic attended the meeting. Jaimie shared that the clinic saw 229 dental patients from Holmes County at the Wooster clinic in 2017. She shared that they would like to pilot a program in Holmes County that would</p> |

provide pop-up dental clinics. Any Holmes County insurance would be accepted. Jaimie sought feedback from the group as to potential locations for the pop-up clinics.

3/6/2018: Viola Startzman Clinic will begin providing "pop-up" dental clinics in Holmes County this summer beginning with the Fair and Amish Health and Safety Day. Startzman Clinic has also reached out to the school districts regarding dental screening.

Quarter 2 (April – June 2018): Viola Startzman Clinic has purchased mobile dental equipment that can be used in schools and other community settings any time after July 1st. The Clinic has been in discussion with West Holmes about offering dental outreach to their schools and the administration seems enthusiastic about the opportunity. More discussions will be had this summer. Viola Startzman is also looking into a potential location in Millersburg that could be used to provide dental service in Holmes County.

Quarter 3 (July-September 2018): Viola Startzman received a \$50,000 grant from the Healthpath Foundation to explore dental options in Holmes County. The Clinic has secured a mobile unit and hosted pop-up clinics at Amish Health and Safety day (AHSD) and the Holmes County Fair in August. They have hired a full-time dental hygienist who will conduct outreach and dental screenings. One of the priorities for this position will be to meet with administration in both the East and West Holmes School Districts to organize screening days at the schools.

Viola Startzman Clinic has seen an increase in Amish patients since Amish Health and Safety Day. She also reported that they are still seeing many Holmes County residents coming to the dental clinic in Wooster.

The clinic continues to search for a space in Holmes County to set up a permanent dental clinic.

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| Year 2: Continue to market dental services at the Startzman Clinic. Pilot use of mobile dentistry at one school building and one additional location in the county. | | October 1, 2019 | |
| Year 3: Continue efforts from year 2. Expand efforts to other schools as well as other areas of the county. | | October 1, 2020 | |

Cross-cutting strategies

| Cross Cutting Factor: Public Health System, Prevention, and Health Behaviors | | | |
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| Strategy 1: Shared use (joint use agreements) | | | |
| Action Step | Person/ Agency Responsible | Timeline | Progress |
| Year 1: Assess how many Holmes County schools, churches, businesses and other organizations currently offer shared use of their facilities (gym, track, etc.). Create an inventory of known organizations that possess physical activity equipment, space, and other resources. | Jennifer Talkington Holmes County General Health District Tara Martin Pomerene Hospital | October 1, 2018 | Currently, the group is not aware of any local businesses and organizations that offer shared use of their facilities to provide physical activities to the public. The group has brainstormed several locations to approach in year 2. |
| Year 2: Collaborate with local organizations to create a proposal for a shared-use agreement. Initiate contact with potential organizations from the inventory. Implement at least one shared-use agreement for community use. Publicize the agreement and its parameters. | | October 1, 2019 | |
| Year 3: Continue efforts from year 1. Implement 2-3 shared-use agreements for community use in Holmes County. | | October 1, 2020 | |

| Cross Cutting Factor: Healthcare System and Access | | | |
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| Strategy 2: Higher education financial incentives for health professionals serving in underserved areas | | | |
| Action Step | Person/ Agency Responsible | Timeline | Progress |
| Year 1: Collect baseline data on the current number of primary, mental, and dental health providers practicing in Holmes County and the need for more. Develop a marketing strategy focused on recruiting health providers. Work with local universities in and surrounding Holmes County to address the need for health providers and possible school loan reimbursement if students work in Holmes County after their education is complete. Increase the number of preceptors/placement sites for students in Holmes County 5% from baseline. | Rachel Kandel Pomerene Hospital | October 1, 2018 | Quarter 2: Rachel is in the process of compiling a list of Providers. She is also working with the Startzman Clinic to recruit dental providers. Quarter 3 (July-September 2018): Pomerene has begun working on a proposal for a provider referral program for medical staff members along with a medical staff development plan. |

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| | | | <p>Pomerene is co-posting with Aultman for key positions such as family medicine and OBGYN. Rachel has been in contact with all Family Medicine and OBGYN residencies in Ohio for future rural medicine placements.</p> <p>Pomerene granted 2, \$1,000 scholarships to local seniors who plan to continue their education in a health profession.</p> |
| <p>Year 2: Continue to work with local universities surrounding Holmes County. Begin implementing health provider recruitment strategies.</p> <p>Increase the number of preceptors/placement sites for students in Holmes County 10% from baseline.</p> | | <p>October 1, 2019</p> | |
| <p>Year 3: Continue efforts from Years 1 and 2.</p> <p>Increase the number of preceptors/placement sites for students by 30% from baseline.</p> | | <p>October 1, 2020</p> | |

**Holmes County
Community Health Improvement Plan
Progress Report**

Additional Meeting Notes:

It was decided that a sub-committee from the Partners for a Healthier Holmes County would oversee the progress of the CHIP action plan. This sub-committee consists of:

Brain Baughman, West Holmes School District
Jaimie Parsons, Viola Startzman Clinic
Jennifer Talkington, Holmes County General Health District
Jim Foley, The Counseling Center of Wayne and Holmes County
Judy Wood, Wayne Holmes Mental Health and Recovery Board
Mark Woods, Anazao Community Partners
Michael Derr, Holmes County General Health District
Pamella Semenyna, Job and Family Services
Rachel Kandel, Pomerene Hospital
Rebecca Starner, Holmes County General Health District
Rhiannon Whalen, One-Eighty
Tara Martin, Pomerene Hospital
Tina Zickfoose, One-Eighty
Vicky Hartzler, Wayne Holmes Mental Health and Recovery Board

For more information about progress towards meeting the action steps discussed in this work plan, please refer to the monthly meeting minutes. To request a copy of the meeting minutes please contact Jennifer Talkington at 330-674-5035 or jtalkington@holmeshealth.org

