












# Adult Trend Summary

Adult Variables	Holmes County 2017	Ohio 2015	U.S. 2015
<b>Health Status and Coverage</b>			
Rated health as excellent or very good	62%	52%	52%
Rated general health as fair or poor 	7%	17%	16%
Average days that physical health not good in past month	2.7	4.0*	3.8*
Average days that mental health not good in past month	2.4	4.3*	3.7*
Average days that poor physical or mental health kept them from doing their usual activities in past month	1.4	2.3‡	2.4‡
Uninsured	40%	8%	11%
Had at least one person they thought of as their personal doctor or health care provider 	46%	82%	79%
Visited a doctor for a routine checkup in the past year 	33%	72%	70%
<b>Arthritis, Asthma, &amp; Diabetes</b>			
Had been diagnosed with diabetes 	5%	11%	10%
Had been diagnosed with arthritis	21%	38%	25%
Had been diagnosed with asthma 	7%	14%	14%
<b>Cardiovascular Health</b>			
Had angina 	4%	4%	4%
Had a heart attack 	3%	5%	4%
Had a stroke	2%	4%	3%
Had been diagnosed with high blood pressure 	20%	34%	31%
Had been diagnosed with high blood cholesterol	19%	37%	36%
Had blood cholesterol checked within the past 5 years	51%	78%	78%
<b>Weight Status</b>			
Overweight	35%	37%	36%
Obese 	30%	30%	30%
<b>Alcohol Consumption</b>			
Had at least one alcoholic beverage in past month	40%	53%	54%
Binged in past month (5 or more drinks in a couple of hours on an occasion) 	8%	18%	16%
<b>Tobacco Use</b>			
Current smoker (currently smoke some or all days) 	8%	22%	18%
Former smoker (smoked 100 cigarettes in lifetime & now do not smoke)	17%	24%	25%
<b>Preventive Medicine</b>			
Had a flu vaccine in the past year (ages 65 and over)	58%	58%	61%
Had a pneumonia vaccine (age 65 and older)	60%	72%	73%
Had a mammogram in the past two years (age 40 and older)	49%	72%*	73%*
Had a pap smear in the past three years	54%	74%*	75%*
<b>Oral Health</b>			
Adults who have visited the dentist in the past year	57%	65%*	65%*
Adults who had one or more permanent teeth removed	57%	47%*	43%*
Adults 65 years and older who had all their permanent teeth removed	23%	18%*	15%*

\*2014 BRFSS

‡2010 BRFSS

 Indicates alignment with Ohio SHA